



# 2010 ARC Summer Programs Membership Application

Application for:[check one]

- Junior Learn to Row
- Masters Learn to Row
- Competitive Sweep Training

Note: Summer Program Membership allows participation in the program only, however full club membership is available after completion of the program for a reduced additional fee.

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

**E-mail Address** [required this is how the coaches will communicate with you] \_\_\_\_\_

Street Address: \_\_\_\_\_ **T shirt size:** XL L M S

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female: \_\_\_\_\_

Date of Last Swim Test (mo/yr): \_\_\_\_\_

**I certify that I can currently swim at least 50 yards continuously, tread water for 5 minutes, and put a life preserver on while in the water. Initialed:** Program Participant: \_\_\_\_\_ Parent (if minor): \_\_\_\_\_

Do you currently have any health conditions restricting vigorous activity? \_\_\_\_\_

If so, describe all such conditions: \_\_\_\_\_

**Emergency Contact:** Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home or business phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

**You must submit each of the following with your application:**

- Amoskeag Rowing Club Liability Release
- Fee of \$250 per participant for Junior or Masters Learn to Row or Competitive **OR**
  - Fee of \$200 per participant for experienced sweep rowers taking only 4 weeks of Masters Learn to Row. Describe experience: \_\_\_\_\_
  - Fee of \$100 for coxswains

20% Discount  
to Hooksett or  
Pembroke  
Residents

Dated: \_\_\_\_\_ Signature of Applicant: \_\_\_\_\_

Dated: \_\_\_\_\_ Signature of parent/guardian: \_\_\_\_\_  
(if applicant is under 18 during program)

Mail application, liability release and payment to:

**Nancy Smith, ARC Programs Chair**  
**921 Chestnut Street**  
**Manchester, NH 03104**  
**Make checks payable to:**  
**Amoskeag Rowing Club**

